

**CAN'T SLEEP? BAD BACK?**  
**WE HAVE A TREAT FOR YOU**  
**in Cockermouth, THIS WEEKEND!**



**BE SURE NOT TO MISS  
THE ADJUSTABLE BED  
& BACK-CARE SHOW IN  
THE KIRKGATE CENTRE,  
THIS SATURDAY OCT 22**



Adjustable bed specialists, **C.S.ERGONOMICS**, of Lytham St Annes, Lancashire, will bring a large choice of electric bed, back-care and comfort products for you to see and try all day, from **10.30am—4pm**; including:

- **Single (3-ft) adjustable electric beds for only £388**
- **Double beds (adjustable independent halves) £776**
- **Adjustable beds (3-ft) with Massage mattress £668**

Quality products from an ethical dealer at recession-busting prices

We will *also bring* sixty of our top-selling backrests for car, home and office, neck-care pillows & seating comfort cushions.

See our online range at [www.csergonomics.co.uk](http://www.csergonomics.co.uk)